

WORK2019

Real Work in Virtual World

14-16 August 2019 Helsinki, Finland

WELLBEING AT WORK

Chairs: Professor (emer.), Docent Jyrki Liesivuori, University of Turku & Docent Paula Naumanen, University of Oulu, FI

Work as such has in most cases a positive impact on peoples' health and well-being. However, traditional work hazards like noise, chemicals, microbes and vibration still affect large numbers of workers. Many occupations also carry heavy physical or mental workloads. At the same time, most work tasks are demanding more and more cognitive skills placing increasing pressure on workers' mental stamina. Well-being in modern work can be developed and maintained with social capital and justice to all workers.

The stream welcomes papers from all aspects concerning work ability maintenance, working life skills, leadership, and digital innovations related to human well-being and productivity. If you wish to propose a session within the stream, that is, 3-4 papers tied together with specific focus or theme, the organizers will try to accommodate them in the programme.